

Eugene Veg Education Network (EVEN)

SPECIAL VEG PRESENTATION

Tuesday, May 26, 2015

Three Steps to Superior Health

by

Dr. Orestes Gutierrez, DO,
DABFM, DABIHM



WHAT: Free Educational Presentation (not a potluck)

WHEN: 7 pm – sharp.

WHERE: McNail-Riley House, 601 W. 13th Av (@ Jefferson), in Eugene. (Park free in fairgrounds across the street.)

COST: FREE! Open to everyone---vegans, vegetarians and anyone interested in the benefits of a plant-based diet.

[Click >> here to read more about Dr. Gutierrez!](#)

The Eugene Veg Education Network (EVEN) is 501(c)(3) non-profit based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is **to inform, educate & encourage** our members---as well as the larger community---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants.

www.eugeneveg.org Peace.